**Laboratory Safety Regulations**

1. Always familiarize yourself with the lab activity, especially safety issues, before starting the lab.
2. Never perform any experiment not specifically assigned by your teacher. All materials should only be used for their intended purposes.
3. Know the location of all safety and emergency equipment.
4. Before beginning work in the laboratory, tie back long hair, roll up loose sleeves, and put on any protective gear that may be required by your teacher.
5. Report any accident, incident or hazard to the teacher immediately. No matter how minor it may seem.
6. Know where the fire extinguisher is located and report any fire to the teacher immediately.
7. **Never eat, drink, or apply cosmetics in the laboratory.**
8. Keep your work area neat and clear. Do not clutter your workstation.
9. Always clean your workstation at the end of the lab as directed by your teacher.
10. Wear goggles, as directed by your teacher. In case of eye contact, go to the eye wash station, flush eyes, and notify your teacher immediately.
11. When using electrical equipment never use near water or with wet hands or clothing.
12. Use extreme care when using sharp instruments such as: probes, scissors, and scalpels.
13. Never taste, touch, or smell any substances or bring it close to your eyes, unless directed by your teacher.
14. Report any chemical spill to your teacher immediately.
15. Keep your hands away from your face and mouth when using chemicals or other substances.
16. Wash your hands before leaving the laboratory when using chemicals or other substances.
17. When heating a test tube, always point it away from people.
18. Inspect glassware before use; never use chipped or cracked glassware. Notify the teacher of any chipped or broken glassware.
19. Never inhale any vapors or gas directly.
20. Your behavior and attitude in the lab should be excellent. Both your safety and the safety of others depend on it.

**Lab Safety Contract**

As a participant in the Living Environment science class at Nottingham High School, I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, have read and agree to abide by the Laboratory Safety Regulations and also any additional printed or verbal instructions given by my teacher. I realize that my behavior in the laboratory not only affects myself but all other participants in the lab. I understand that my failure to follow these and all other written and verbal instructions may result in disciplinary action by the teacher or school administration.

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_